

## St Nicholas CE VA Primary School

### Personal, Social and Health Education and Citizenship Policy

(see also Behaviour and Discipline; Drugs; Health, Safety and Welfare;  
Sex and Relationship Education)

#### 1 Aims and objectives

1.1 We believe that PSHE and citizenship should enable children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through participation in the school council. We teach children both about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.

1.2 The aims of personal, social and health education and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.

#### 2 Teaching and learning style

2.1 We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

#### 3 PSHE and citizenship curriculum planning

- 3.1** We teach PSHE and citizenship in a variety of ways using the Rainbow scheme of work. In some instances, e.g. drugs education, we teach PSHE and citizenship as a discrete subject on occasions. At other times we may have a visit from the Life Education Bus and carry out follow up lessons.
- 3.2** Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about environmental issues in geography, we offer pupils the opportunity to explore the impact of these on the environment. There is often an overlap between the programme of study for religious education and the aims of PSHE and citizenship, therefore some objectives are covered in RE.
- 3.3** In Key Stage 2 the children use Espresso to explore current affairs; they carry out class discussions to heighten their awareness of what is happening in the world.
- 3.4** We also develop PSHE and citizenship through various activities and whole-school events, for example the school council representatives from Years 1-6 meet regularly to discuss school matters. In Key Stage 2 we offer a residential visit to Lesson House for Year 5 and Weymouth Outdoor Education Centre for Year 6, there is a particular focus on developing pupils' self-esteem, and giving them opportunities to develop leadership skills and positive group work.

#### **4 The Foundation Stage**

- 4.1** We teach PSHE and citizenship in reception classes as an integral part of our topic work. The children follow the objectives set out in the EYFS and also follow the Rainbow scheme of work. Much of the work undertaken in reception builds up children's personal and social skills and teaches them about the world around us.

#### **5 Teaching PSHE and citizenship to children with special needs**

- 5.1** We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Intervention through School Action and School Action Plus will lead to the creation of an Individual Education Plan (IEP). When teaching PSHE and citizenship, teachers take into account the targets set for the children in their IEPs, some of which targets may be directly related to PSHE and citizenship targets.
- 5.2** For gifted and talented pupils teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

#### **6 PSHE and citizenship and ICT**

- 6.1** ICT makes a contribution to the teaching of PSHE and citizenship in that children in ICT classes learn to work together in a collaborative manner. They also develop a sense of global citizenship by using the internet and e-mail and exploring news reports on Espresso.

#### **7 Assessment and recording**

**Last Reviewed: November 2015**

**Next Reviewed: November 2017**

- 7.1** Our teachers assess the children's work in PSHE and citizenship both by making informal judgements, as they observe them during lessons, and through formal assessments of the work done, gauging it against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage.
- 7.2** In Reception the children's progress is tracked using the EYFS Profile.
- 7.3** We do not set formal examinations in PSHE and citizenship.

## **8 Resources**

- 8.1** We keep resources for PSHE and citizenship in a central store and in topic boxes for each unit of work. We use Espresso and a range of suitable websites.

## **9 Monitoring and review**

- 9.1** The PSHE and citizenship subject manager together with the Headteacher is responsible for monitoring the standards of children's work and the quality of teaching of this subject. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for reporting to the headteacher evaluating strengths and weaknesses in the subject and indicating areas for further improvement

**Signed:**

**Date: Reviewed December 2013  
Review : December 2015**