

PSHCE: Overview of SEAL/Drugs/SRE/Fire Safety

	New Beginnings	Getting on and falling out	Going for goals	Good to be me	Relationships	Changes
Reception	Feelings Getting to know routines Class charter Love and Sex Matters book - Lesson 1: Loving Me <i>Covered in Marvellous Me topic: being healthy</i>	Resolving conflict Managing feelings Say no to bullying	What I am good at Setting goals	Feelings of happy and proud <i>Staying safe (see fire safety booklet)</i> Keeping healthy (Drugs) (see additional lessons) (SRE)	Feelings Being kind Discussing loss RRS lesson	How you have changed from a baby RRS lesson
Year 1	Class charter Why do we need rules? Problem solving Feelings Calming down What makes me special	Friendships Say no to bullying <i>Covered in Superheroes topic – body parts, how to be healthy, Firework Safety , Fire Safety</i>	How do we learn? Setting goals <i>Green Cross code (to fit in with Local Area in Jolly Postman topic)</i>	Our talents Feelings	People who are important to us Feelings RRS lesson Love and Sex Matters book – Lesson 5: My family	Changes over time – what changes and what stays the same Changing our behaviour <i>Covered in Summer holiday topic beach safety</i>

Cycle A: 2016 – 2017

Acers to do Year 4 and Oaks Year 6

Cycle B: 2017 – 2018

Acers and Oaks to both do Year 5

	Love and Sex Matters book - Lesson 2: Loving you and 3: Our wonderful bodies	<i>Lessons</i> Keeping healthy and medicine safety (drugs - see supplements)			Life Cycles covered in minibeast topic (See SRE supplement)	
Year 2	Class charter Feelings Calming down Welcoming others	Friendships and compliments Different points of views Anger Say no to bullying Love and Sex Matters book – Lesson 7: How we love and care for our friends	How do we learn? Setting goals Persistence <i>Covered in our topic –Planet Earth/Where in the World is Barnaby Bear: looking after the world, hazards</i>	Feeling good Relaxing Being assertive Naming parts of the body (SRE) <i>Covered in topic – Planet earth/Where in the world is Barnaby Bear: differences in humans and animals</i> Love and Sex Matters book – Lesson 4: How our bodies are different	Feelings/caring Leaving home What is important to them? Feeling lonely Relationships in the world RRS lesson	Changing our behaviour Drugs (see additional lessons) Love and Sex Matters book – Lesson 6: How we love and care for ourselves <i>Fire safety lessons (fit in with Great Fire of London)</i>
Year 3	Class charter	Skills of friendship	I am clever	Feeling surprised	Special people	Puberty

Cycle A: 2016 – 2017

Acers to do Year 4 and Oaks Year 6

Cycle B: 2017 – 2018

Acers and Oaks to both do Year 5

	<p>Rights and responsibilities Exploring feelings Calming down Problem solving</p> <p>RRS lesson</p>	<p>Anger Similarities and differences Diversity</p> <p>Say no to bullying</p>	<p>Reaching goals Responsibility</p>	<p>Being Assertive Worried and anxious Healthy lifestyle</p> <p>Drugs - see additional lessons plus the lessons in the folder</p> <p>Love and Sex Matters book – Lesson 1: Making me</p>	<p>Guilty Jealous Making wise choices</p> <p>RRS lesson</p> <p><i>Fire safety lessons</i></p> <p>Love and Sex Matters book – Lesson 7: In need of restoration</p>	<p>Who helps us stay safe Stereotyping (SRE)</p> <p>Positive changes Change is normal</p> <p>RRS lesson</p>
Year 4	<p>Class charter Welcoming people Joining a group Calming down</p> <p>RRS lesson</p>	<p>Key qualities in a friend Similarities and differences Diversity Anger</p> <p>Say no to bullying</p>	<p>Knowing myself Feelings and learning Barriers to reaching goals Jobs in the community Perseverance</p>	<p>Risk taking Drug and alcohol The right response (drugs)</p> <p>Feeling good about myself Hopeful and disappointed Hiding feelings Being assertive</p> <p>Love and Sex Matters book – Lesson 2: My world,</p>	<p>Family and friends Special people Loss</p> <p>RRS lesson</p> <p><i>Fire safety lessons</i></p> <p>Love and Sex Matters book – Lesson 5: Marriage</p>	<p>Puberty Staying safe Stereotyping (SRE)</p> <p>Feelings about changes Unwelcome change Emotion in motion</p>

Cycle A: 2016 – 2017

Acers to do Year 4 and Oaks Year 6

Cycle B: 2017 – 2018

Acers and Oaks to both do Year 5

				your world		
Year 5	Class charter Creating a community Democracy Feelings RRS lesson	Levels of friendship Managing conflict Making up Anger Taking responsibility Say no to bullying	Effective learners Role models Planning goals <i>Fire safety lessons</i>	Proud/boastful Mixed feelings Agreeing and disagreeing Smoking Alcohol (drugs)	People around us Embarrassed Put downs are unkind RRS lesson Love and Sex Matters book – Lesson 4: Firm Foundations	Response to change Understanding individual differences Changes in puberty for girls and boys How babies are made (SRE) RRS lesson
Year 6	Class charter Building a community Feelings RRS lesson	Working in groups Differences – a barrier to friendship? Conflict resolution Anger Say no to bullying	Success Making choices <i>Fire safety lessons</i>	Anxious and worried Standing up for what I think (peer pressure) Taking responsibility Peer pressure in SEAL (Drugs) there is also some additional lessons attached	Loss Helping others Breaking friends Forgiveness RRS lesson Love and Sex Matters book – Lesson 6: Great Expectations	Puberty How babies are born Keeping safe (SRE) RRS lesson Love and Sex Matters book – Lesson 3: Changing bodies

Cycle A: 2016 – 2017

Acers to do Year 4 and Oaks Year 6

Cycle B: 2017 – 2018

Acers and Oaks to both do Year 5